



**American
Red Cross**

Cape Cod and Islands Chapter

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Media Alert **MEDIA ALERT**

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American Red Cross, Cape Cod and Islands Chapter receives \$14,000 grant from United Way

Hyannis, Mass., May 28, 2008– The Cape and Islands United Way recently awarded American Red Cross, Cape Cod and Islands Chapter, a \$14,000 grant to support health and safety training and the Training for Life program.

Training For Life is an initiative by the American Red Cross, Cape Cod and Islands Chapter to provide high school seniors with training in CPR, AED and First Aid. This program is working towards one of the chapter's overall goals of having at least one person in every household on Cape Cod and the Islands trained for an emergency.

Thanks to the grant from the United Way, the chapter was able to teach Adult CPR to 126 Seniors at Cape Cod Tech, in conjunction with the school. The students participated in a 4-hour course, taught with an instructional DVD and hands-on practice. Students had to pass a written and skills test to receive their Red Cross certifications. The students will be able to use the training for Preparedness Skills for life in general or in the case of an emergency, but also CPR is a requirement for many trades and professions.

Also with the aid of the grant, the chapter is working on similar programs at Nauset Regional High School and Mashpee High School.

For more information American Red Cross, Cape Cod and Islands Chapter or to make a donation, write 286 South Street, Hyannis MA 02601, (508) 775-1540, or visit [ww.capecodandislandsredcross.org](http://www.capecodandislandsredcross.org).

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